

# New England School Nurse Conference

## Event Agenda

Saturday, May 6, 2017 at 7:30am ET - Sunday, May 7, 2017 at 1:00pm ET

**i** All times listed in Eastern Time (US & Canada).

### Saturday, May 6, 2017

7:30am - 8:15am

#### **Breakfast**

Location: Ballroom

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8:15am - 8:30am

#### **Welcome**

Ilmi Carter, President of the Maine Association of School Nurses

Location: Ballroom

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8:30am - 9:30am

#### **Keynote**

Dora Mills MD, MPH, FAAP, VP Clinical Affairs University of New England Public Health and Collaborating with School Nursing

Location: Ballroom

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9:30am - 10:00am

#### **Exhibits/Vendors**

Location: MA / NH Ballroom

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10:00am - 11:30am

#### **Breakout Session # 1: Otoscope Camera Workshop: Hands-on video technology**

Suzanne Levasseur, APRN & Michael Corjulo, APRN

Otoscope Camera Workshop: Hands-on video technology

This presentation will review common conditions of the ear, nose and throat. In addition, hands on otoscope us and techniques will be reviewed. Each participant will be able to get hands on experience with the otoscope camera.

Suzanne Levasseur, APRN Michael Corjulo, APRN

(Limited to 25 participants. Bring your own otoscope)

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10:00am - 11:30am

#### **Breakout Session # 1: Opiate Effect Documentary, Maine DOJ Heroin Addiction**

Skip Gates

- Opiate Effect Documentary, Maine DOJ

Skip has retired from teaching and now devotes his time speaking at middle and high schools about his personal experience of losing his son to a heroin overdose. His presentation is sponsored by the Maine US Attorney's office. Skip will describe in detail the nature of his presentations and the success that he's had in helping students understand how poor decisions can profoundly effect the lives of those who love them.

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10:00am - 11:30am

#### **Breakout Session # 1: Poverty Presentation**

Beth Arsenault and Sophie Payson

Poverty Presentation : Exploring poverty in both financial as well as cultural terms with a specific focus on the physiology of poverty. Specifically as a childhood disease as reported in the provided NYT article. We will also cite research by Ruby Paine, Eric Jensen, Carol Dweck and others as we discuss the presence of poverty in a school setting and what strategies can be used to mitigate its impact.

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10:00am - 11:30am

**Breakout Session # 1: Abdominal Assessment in Children**

Kathryn Landon-Malone PhD, RN, CPNP

**Abdominal Assessment in School Age Children**

School nurses are often the first health care professional to identify children struggling with acute and chronic abdominal pain. While most pediatric abdominal aches are benign it is important to identify the ones that point to underlying significant disease. We will explore the spectrum of abdominal illnesses, learn the important questions to ask while gathering a history, review the elements of abdominal physical assessment, identify the abdominal pain that requires referral to a primary care provider, and learn simple and effective treatment approaches to support children with stress based abdominal discomfort.

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11:30am - 12:30pm

**Lunch Break & Exhibitor/Vendor Time**

Location: Ballroom

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12:30pm - 1:00pm

**“Step Up and Be Counted” A Joint Initiative**

Janis Hogan, RN - NASN

Location: Ballroom

A Joint Initiative of NASN and NASSNC

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1:00pm - 2:00pm

**Keynote: Building School Nurse’s Toolbox: Strategies for Helping Students with Mental Health Needs**

Sharon Hoover, PhD - Associate Professor of Child and Adolescent Psychiatry

Location: Ballroom

Mental Health Training Intervention for Health Providers in Schools

Training and implementation support system for school health providers aimed at enhancing their competence in managing the needs of students with or at risk for emotional and behavioral difficulties that interfere with learning.

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2:00pm - 2:30pm

**Exhibits/Vendors**

Location: MA / NH Ballroom

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2:30pm - 4:00pm

**Breakout Session #2: Concussions and assessment (SCAT 3 and ACE)**

Michelle LaBotz, MD

Concussion Update for 2017: The Pendulum is Still Swinging

Case based review of concussion assessment and management, with an emphasis on how these have evolved over the past several years.

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2:30pm - 4:00pm

**Breakout Session #2: Nurse as Allies: Supporting Menstrual Health and Body Literacy in Our Schools**

Christina Bobel, PhD- Associate Professor of Women’s Studies UMass Boston

**Nurse as Allies: Supporting Menstrual Health and Body Literacy in Our Schools**

This session will discuss how nurses can support menstruating girls in schools with attention to challenging stigma, providing accurate information and enlisting the support of boys, teachers, parents and school administrators in seeing the importance of a positive attitude toward this natural biological process as the 5th vital sign. Attention will be paid to contextualizing menstrual literacy as part of a healthy engagement with the body across the lifespan.

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2:30pm - 4:00pm

**Breakout Session #2: Transgender Youth: Creating Safe Spaces in Schools**

Arin Hilton

Transgender Youth: Creating Safe Spaces in Schools

What does it mean to be transgender? Do kids really know if they're transgender, or are they just confused? What about parents? What about bathrooms? Whose safety comes first? What are best practices in these tough situations? And how do I feel about all of this anyway? Come participate in a presentation and conversation about what creating safe spaces in your school might look like. Take this opportunity to learn how you can make a difference in the lives of students, families, staff, teachers, and your whole school community.

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2:30pm - 4:00pm

**Breakout Session #2: Assessing Children with Headaches**

Kathryn Landon-Malone, PhD, RN, CPNP

Assessing Children with Headaches

School aged children commonly present to their school nurses with headache complaints. While most childhood headaches are benign, they cause significant dysfunction for a child and interrupt learning. In this presentation we will explore the epidemiology of childhood headaches, evaluation of the child who has headaches, and learn simple and effective treatment approaches to support children with benign headaches.

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## Sunday, May 7, 2017

7:00am - 8:30am

**Breakfast**

Location: Ballroom

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8:00am - 8:30am

**Housekeeping/ Promoting 2018 NESNC in MA**

Location: Ballroom

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8:30am - 10:00am

**Keynote: Science and Passion: Today's School Nurse**

Sandra Moritz, RN, BS, M.ED, CSN

Discover Your School Nursing Style

Based on Myers-Briggs temperament indicator and subsequent research on styles by Keirseay and Lowry. Understand your style through this ah-ha moment presentation, and how it affects your students, parents and staff styles.

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10:00am - 11:00am

**Breakout Session #3: Medical Marijuana Management**

Scott Gagnon MPP, PS-C is a Certified Prevention Specialist and is the Director of Operations at AdCare Educational Institute of Maine, Inc. He currently serves on the Maine Substance Abuse Services Commission as well as the U.S. Substance Abuse and Mental Health Services, Center for Substance Abuse Prevention National Advisory Council.

Preventing Marijuana Use in the Era of Legalization and Normalization:

Overview of approaches to the prevention of youth marijuana use in a era when New England states such as ME and MA are moving ahead with legalization. The presentation will include policy considerations for schools in navigating both the new legalization law as well as new laws allowing the use of medical marijuana by students. The presentation will include the latest data, science and trends around marijuana, the growing industry, and the impact of normalization of youth use.

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10:00am - 11:00am

**Breakout Session #3: Otoscope Camera Workshop: Hands-on video technology**

Suzanne Levasseur, APRN & Michael Corjulo, APRN

Hands-on video technology

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10:00am - 11:00am

**Breakout Session #3: Creating a School Crisis Team**

Susan Giambalvo - Center for Grieving Children

School Crisis Teams: Responding to a death in the school community

Being prepared to respond to a death or serious illness of a student or staff member is an important part of your school's crisis plan. This interactive workshop will help you and your crisis team feel more prepared to support the entire school when a death happens. We will cover pre-planning, communications strategies, identification of resources and action steps, and how to provide ongoing support and follow up. We will cover special circumstances like death by suicide, terminal illness, and the impact of social media on the planning process.

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10:00am - 11:00am

**Breakout Session #3: How the Strains on Military Families Affect School Aged Children**

Andrew Gibson

How the Strains on Military Families Affect School Aged Children

Through Power Point, lecture and discussion, we will make statistics into actual experiences, look at military culture in the home, compare and contrast the experiences between Active Duty Children vs the National Guard and Reserves, and share in appropriate actions and interventions to ease the stressors these kids face.